

Your Quick Reference to ...

Women's Health Care

National Naval Medical Center (NNMC) is committed to meeting the health care needs of women of all ages, providing state-of-the-art comprehensive care and support for women's health issues such as birth control, sexually transmitted diseases, cancer, menopause, osteoporosis, and heart disease. Our services are designed to promote individualized care that recognizes the importance of family-centered support, participation, and choice.

Gynecology

Specialists in gynecology diagnose and treat both acute (short-term) and chronic (long-term) conditions, utilizing state-of-the-art equipment such as 4-dimensional ultrasound and video teleconferencing. Our health professionals also use the latest developments in gynecological procedures, treatments and diagnostic tools.

Services offered include:

- *Contraceptive counseling*
- *Women's health maintenance (pap smears, breast exams)*
- *Diagnosis and treatment of gynecologic disorders*
- *Hormone-replacement therapy (HRT)*
- *Menopause education*
- *Women's health classes*

Breast Care

In collaboration with National Cancer Institute and the Uniformed Services University of Health Sciences,

the National Capital Area Breast Care Center at NNMC is a "Center of Excellence" in breast cancer research, and focuses on incorporating superior methods of early detection, comprehensive treatment, and long-term surveillance of breast cancer. Our multidisciplinary staff is dedicated to providing you and your family with a network of skilled professionals, support groups, social workers and information services to ensure the best possible physical and psychological rehabilitation.

The Breast Care Center also provides:

Detection and follow-up screening, high-risk assessment classes, pre- and post-operative care, case management, educational resources, and physical therapy.

Contact Us

Breast Care Center: (301) 295-3899
Obstetrics & Gynecology: (301) 295-6672
Mother Infant Care Center: (301) 319-5000

For all appointments:

Toll Free: 1-(866) NAVY-MED (628-9638)
Local: (301) 295-NAVY (6289)
Online: www.tricareonline.com

*Do you have Other Health Insurance (OHI)?
Please report your OHI Policy Number to receive your full benefits, and to allow NNMC to be reimbursed for some services rendered*

National Naval Medical Center
8901 Wisconsin Avenue
Bethesda, MD 20889-5600
(301) 295-CARE 1-(800) 526-7101
www.bethesda.med.navy.mil

NNMC is accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).