

# Walter Reed Army Medical Center Outpatient Nutrition Services Schedule of Classes

(As of 14-Mar-11)

	<b>Appointment Contact</b>	<b>Class Name</b>	<b>Location &amp; Time</b>
Mondays	No appointment necessary	MNT Coumadin Class	Cardiology Coumadin Clinic 0915 - 0935
Tuesdays	202 782-1249	Arthritis Foundation Exercise Class	Ward 73 Classroom 0900 - 1000
	No appointment necessary	Active Duty Weight Management	2nd and 4th Tuesday of each month Nutrition Care Conference Room - 3F64 1300 – 1430 <i>(until June 28, 2011)</i>
Wednesdays	202-782-0984 or 782-1249	Falls Prevention Clinic	Weekly 1000-1130 Exercise assessment from 1100-1130hrs.
	202-782-5210	Pre-Diabetes Class	1st Wednesday of each month Diabetes Institute conference room 1300 - 1530 (Nutrition Therapy - 1400-1530)
	202-782-5210	Diabetes Self-Management	2nd & 3rd Wednesdays of each month Nutrition Therapy part I - 0930 - 1030 Nutrition Therapy part II - 1245 - 1345
	202-782-5210		4th Wednesday of each month Nutrition Therapy part III - 0930 - 1030
Thursdays	No appointment necessary	MNT Coumadin Class	Cardiology Coumadin Clinic 0915 - 0935
	202-782-1553	Drug Nutrient Interaction	Outpatient Psychiatry Clinic – Ward 53

# Outpatient Nutrition Services Contact and Appointment Information

NCA Location	Telephone Number
Barquist Army Health Center (Ft. Detrick)	Appointment Line: 301-619-7175 Toll Free Appt. Line: 800-433-3574
Bethesda (NNMC)	Appointment Line: 301-295-4725
DeWitt Nutrition Clinic	703-805-0604
Fairfax Nutrition Clinic	703-970-4277
Radar Clinic (Ft. Meyer)	703-696-7951
Kimbrough Ambulatory Care Center	301-677-8606
Walter Reed AMC	Appointment Line: 202-782-7761

Providing quality nutrition services for you and your family - Nutrition Care  
Services available include, but not limited to:

Individual Appointments

Pre-Diabetes & Diabetes Education Classes

Heart Healthy Nutrition Classes

Active Duty Weight Management Programs/Classes

Pre & Post Weight Loss Surgery Counseling