



Exceptional Family Member Program Lunch and Learn

Potty Training 101

Tuesday, Aug. 16
9 a.m. - 2:30 p.m.

USO Warrior and Family Center
Bldg. 29, NSA Bethesda

TOPICS

- Readiness and how to start toilet training
- Toilet training basics and promoting cooperation
- Help your child become independent in toileting
- Troubleshoot and identify prescriptions for toileting difficulties
- Teach cooperation sitting on the toilet
- Strategies to decrease accidents and increase appropriate voids on the toilet
- Establish groundwork for teaching children to self-initiative and/or communicate to use the toilet

PRESENTERS

Kimberly David, PhD, is a licensed psychologist in Behavioral Psychology at the Kennedy Krieger Institute, will discuss potty training tips for typically developing children. Elizabeth Stratis, doctoral intern at the Kennedy Krieger Institute, will discuss tips for children with developmental concerns

REGISTRATION

There is no charge for this program, however registration is required by Aug. 11. Register by calling 301-319-4087.

