

Your Quick Reference to ... Obstetrics and the Mother & Infant Care Center

Having your baby at National Naval Medical Center, assures you that experienced OB/GYN specialists will provide you and your newborn with state-of-the-art treatments, using up-to-date technology. Our OB services are designed around the concept of "Family Centered-Care" which recognizes the importance of family support, participation, and choice, before, during, and after the birth of your baby.

OBSTETRICS

NNMC is the Tri-Service referral hospital for obstetrics, high-risk pregnancies, and deliveries, for the National Capital Region and national and international commands.

Prenatal (before birth) care at NNMC is personalized, and includes a comprehensive educational program to prepare you and your family for the process of becoming parents.

New Technology and Special Services:

NNMC's obstetrics professionals use the newest technology and equipment, such as 4-dimensional ultrasound and video teleconferencing. We also offer counseling services to families with a history of genetic (inherited) disorders, including pre-conception counseling, and prenatal genetic counseling and diagnostic testing.

MOTHER & INFANT CARE CENTER (MICC)

NNMC's MICC delivers more than 1,800 babies each year, and is one of the largest birthing centers in the Department of Defense medical system. Our MICC embodies the most modern concepts in childbirth philosophy, technology, and design. "Family-Centered Care" is integrated with advanced

medical technology to ensure a safe, comfortable, and individualized birth experience. Labor, delivery, and recovery all take place in specially-designed birthing rooms with warm, home-like environments, featuring private bathrooms, birthing beds, televisions, pullout sofas, and telephones. Operating rooms with the latest medical equipment are conveniently located for Cesarean deliveries.

After delivery, your family is provided with a private room (at no extra charge) on the Couplet Care Unit where a specially trained nurse cares for mother and baby. These rooms feature the above amenities plus a refrigerator and a state-of-the-art anti-infant-abduction system.

The MICC also offers:

Visitation 24 hours a day, priority-parking passes for new and expectant mothers, lactation (breast - feeding) consulting and education sessions, room service and "Special Delivery" meals.

CONTACT US

***Obstetrics & Gynecology: (301) 295-6672
Mother Infant Care Center: (301) 319-5000***

For all appointments:

Toll Free: 1-(866) NAVY-MED (628-9638)

Local: (301) 295-NAVY (6289)

Online: www.tricareonline.com

***Do you have Other Health Insurance (OHI)?
Please report your OHI Policy Number to receive
your full benefits, and to allow NNMC to be
reimbursed for some services rendered***

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www.bethesda.med.navy.mil**

***NNMC is accredited by the Joint Commission on the Accreditation of
Healthcare Organizations (JCAHO).***