

Pain Management Clinic

Walter Reed National Military Medical Center

(301) 319-8600 ext. 139

You are scheduled for an invasive procedure in the Pain Management Clinic:

Your appointment is scheduled for: _____.

(Please arrive 15 minutes early to complete processing for your procedure).

Instructions: For Your Safety and Comfort

- Alert your doctor if you are taking any blood thinners such as Coumadin, Tiolid, Plavix, Lovenox.
- Alert your doctor if you are allergic to iodine, betadine, or contrast dye.
- At least 1 week prior to your procedure, stop taking aspirin or non-steroidal anti-inflammatory (NSAID) medications such as Motrin and Naprosyn.
- **You will require a driver** to accompany you for your procedure appointment. You **should not** drive after your procedure for **6 hours**.
- The **metro cannot be utilized** as an alternative to having a driver **unless** you have a companion with you at the time of check-in into the clinic.
- Do **not** eat or drink anything **at least 6 hours** before your appointment. You may take your medication with a sip of water.
- Please bring your x-rays and MRI films with you if requested.
- Please expect to spend **at least 1-2 hours** in the hospital.
- If you will not be able to make your appointment, please call immediately so that other patients can be scheduled. If you cancel your appointment without 24 hours notification which allows scheduling another patient you will be marked as a **NO-SHOW**.
- There is a 15 minute grace period for all procedure and clinic appoints. If you are more than 15 minutes late for your procedure you will be cancelled and need to reschedule your appointment.

Signature: _____ Date: _____

Print: Last Name: _____ Last 4 SSN#: _____